

**S Shannon Thomas Counseling, Inc**  
**dba Southlake Christian Counseling**

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231 East Southlake Blvd, Suite 160  
Southlake Texas 76092  
Phone: 817-897-8882 Fax: 817-953-8900

Date: \_\_\_\_\_

Thank you for choosing Southlake Christian Counseling (SCC) for your counseling needs. We will do all that we can so that your counseling experience is beneficial to your specific life situation and goals. Therapy can, at times, be difficult as we will be discussing life challenges and previous experiences that may temporarily increase feelings of distress. However, as we progress through the healing process, new emotional freedom may be found, and the rewards of therapy can then be enjoyed.

**Services:**

SCC provides counseling services for teens, individuals, engaged/married couples, and families. SCC utilizes a variety of traditional counseling theories that are individualized for each client's therapeutic goals. You may discuss this and any other questions you may have with your therapist.

**Appointments/Fees:**

You may call 817-897-8882 to make, change, or cancel your appointments. SCC sessions are scheduled for 45 minutes. The standard rate of service is \$115 or \$125 per session (depending on the staff member you are seeing) and is due at the time of service. A \$35.00 fee will be added in the event of a returned check.

Appointments are usually scheduled weekly, but other arrangements are made due to scheduling concerns and/or therapy needs. It is SCC policy that all clients maintain a current credit card number on file in the event that you would like your session fees charged to the credit card and/or for fees to be charged to the credit card for late cancelled appointments (please see Credit Card on File Authorization form included).

**Agreement Not to Seek Testimony:**

Involving a treating therapist in legal proceedings can create conflict and negatively impact therapy. It can diminish the possibility of a successful outcome. Legal proceedings are disruptive for SCC therapists and unfairly impose a burden on their schedule. Clients of SCC agree not to seek written or oral testimony of any kind, nor allow any legal representative to do so. Any attempts will constitute a basis for a court to revoke issued subpoenas.

**Therapist & Client Relationships:**

The relationship you and your therapist will establish will be based on trust, rapport, and a common hope of you achieving your therapeutic goals. For this to occur, your therapist must maintain professional boundaries and follow the regulations of the state of Texas regarding the type of relationship that can occur between a client and a therapist. Your therapist cannot have a dual relationship with you that would violate the code of ethics in which SCC is governed. Your relationship with your therapist is strictly a professional one and will not become personal outside of the office environment.

**Confidentiality:**

A part of gaining trust with a therapist is the knowledge that your discussions are confidential. Please be assured that your information will not be given out by SCC without your prior written consent. However, there are limitations and exceptions to confidentiality as required by law and professional ethics codes. They include but are not limited to, suspected abuse of children, elderly or handicapped persons, and any probability of harm to

